

## Traditional Sangria

SERVINGS: 4

## Ingredients

1 bottle of Rioja or other red wine 2 oranges and 1 lemon, peeled with rinds reserved

1 cinnamon stick

3 T. sugar

1/2 c. optional soda water

## Directions

- 1. Dissolve the sugar in a half cup of water over a low flame to create a clear simple syrup. Set aside to cool.
- 2. Juice lemon and oranges.
- 3. Combine wine, juice and simple syrup in a clear pitcher.
- 4. Drop the cinnamon stick and lemon and orange rinds into the pitcher.
- 5. Let sit at least two hours (preferably overnight).
- 6. Just prior to serving, add optional soda water and pour over ice.