

Melon Balls in Sweet Sherry

SERVINGS: 8

Ingredients

1/2 c. sherry, such as Spanish cream, or sweet red wine

1/2 c. cranberry or fresh orange juice

1/2 t. fresh lemon juice

1 T. sugar

1/4 t. lemon zest

1 T. chopped fresh mint

1/2 t. ground mace or nutmeg

1 ripe orange melon, such as

cantaloupe or Crenshaw

Directions

- 1. Combine all ingredients except the melon in a medium bowl.
- 2. With a melon baller or a small spoon, scoop out 1-inch balls of melon.
- 3. Fold the melon into the juice mixture, cover, and refrigerate about 30
- 4.minutes, stirring occasionally. Serve cool.

Adapted from 1000 Spanish Recipes by Penelope Casas