A SENSE OF SPAIN®

RECIPE

MEADOWS MUSEUM SMU · DALLAS

Easy Vegetarian Paella

SERVINGS: 4-6

Ingredients

- 3 c. vegetable stock
- 1/8 t. saffron threads, crumbled
- 1/4 c. olive oil
- 2 T. pine nuts
- 1 small onion, finely chopped
- 1/3 c. finely chopped red bell pepper
- 1 c. coarsely chopped mushrooms
- 1 c. chopped spinach
- 1/2 lb. Zucchini cut into half-inch cubes
- 1/2 lb. yellow squash cut into halfinch cubes
- 3 T. finely chopped tomato
- 1/2 t. sweet paprika
- 1-1/2 c. short-grain rice
- 3 T. pesto sauce; Kosher salt

Directions

- 1. Preheat oven to 400 degrees.
- 2. Warm stock and saffron in a medium pan over the lowest heat on a back burner.
- 3. Heat olive oil in a 15-inch paella pan over medium heat. Add pine nuts and stir constantly until browned. Add onion and bell peppers and continue stirring for 5 minutes or until softened. Add mushrooms, spinach, zucchini, and squash. Continue stirring for another 2-3 minutes. Stir in tomato and paprika. Add rice and completely coat with vegetable mixture. Add warmed stock and bring to a boil. Season with salt to taste. Add pesto and cook until mixture simmers and thickens slightly.
- 4. Transfer to oven and bake 10 minutes or until liquid is absorbed and rice is almost al dente.
- 5. Remove from oven and cover with foil. Let sit for 5-10 minutes or until rice is cooked to taste. Serve immediately.

Adapted from 1000 Spanish Recipes by Penelope Casas

Find more recipes like this at meadowsmuseumdallas.org/a-sense-of-spain/